Overview of Today’s Lesson:

Main Point: God gives us everything that we need!  
Bible Story: Ephesians 6:10-18

Let’s Praise! // Worship Moment

Here are a few worship songs that we do with our New Day KidZ. Just play the videos and allow them to follow along. We want them to jump around, sing, dance, and let loose as they praise God!

Every Move I Make!-

<https://www.youtube.com/watch?v=MPvnZILn6EY>

Yes & Amen–

<https://www.youtube.com/watch?v=mChXPr9wE30&list=PLlSN5_i9ciXe6gzJQvH9ITPt6QrK-rwcy&index=12>

Dive In! // Bible Story

Now it’s time to join our Bible story in Ephesians Chapter 6, where we discuss the Armor of God!

So, get comfy, grab a bible, and join us for our New Day KidZ bible story.

Directions: [Just click this right here and this will lead you to our bible story video!](https://www.youtube.com/watch?v=EnjVC00TT8o)

Go Deeper! // Family Discussion

Take this time to go through these questions with your family, and help your child follow along to understand today’s devotional.

1. What "uniform" should we put on as followers of Jesus?
2. What are some of the parts of the Armor of God?
3. Can you name what some of those parts do?
4. 2 Corinthians 10:4 says that our weapons are not like real weapons, but they still help us in battle. What do you think that means?
5. Why do we need an armor of God?
6. How does the armor of God show us that God gives us everything we need?
7. How will you put on the Armor of God this week?

Pray It Out! // Let’s Talk to God

You did it! You just took a deep dive into God’s Word – together! Take time now with your family to talk to God.

Additional Parent Resources

Fun Game Ideas:

[Indoor games to play at home!](https://parenting.firstcry.com/articles/top-40-fun-indoor-games-for-kids/)

[Family Games!](https://whatmomslove.com/kids/active-indoor-games-activities-for-kids-to-burn-energy/)

Health & Safety:

[CDC Home & Workplace Guidance](https://www.cdc.gov/coronavirus/2019-ncov/downloads/workplace-school-and-home-guidance.pdf)

[What To Do If You Are Sick](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fsteps-when-sick.html)

[Mental Health & Coping With Covid-19](https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fcoping.html)